Yn y Lwp!

(In the loop - Ysgol Cwm Brombil's Weekly Bulletin)

In this edition:

- Kings Trust activity
- Technocamps Event
- Sporting News

Spring Term / Tymor y Gwanwyn

INSET - Monday 17th February HMS Dydd Llun Chwefror 17

Half Term: Monday 24th February - Friday 28th February /

Hanner Tymor: Dydd Llun Chwefror 24 – Dydd Gwener Chwefror 28

Week Beginning – Monday 10th February 2024 Week 1					
Monday					
Tuesday					
Wednesday	Year 11 PPE's	HPV Catch up			
Thursday					
Friday					

Week Beginning - Monday 17th February 2024 Week 2				
Monday	INSET DAY			
Tuesday	Product Design NEA & Yr 11 Hospitality and Catering NEA 2			
Wednesday	Yr 11 Trip to Bath University Yr 10 Inspector Calls Trip			
Thursday	Yr 11 Ski Trip Departure (4pm)			
Friday				

Please remember that Monday, February 17th is an INSET day there is no school for pupils.

Our exciting program of Enrichment is available on our website: Ysgol Cwm Brombil Enrichment Programme



SLEEP HYGIENE

Five effective tips to establish a healthy sleeping habits

Stay clear of stimulants late in the day.



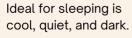
Avoid drinks and foods that contain caffeine



Create a relaxing bedtime/pre-bedtime routine.

A relaxing activity about an hour before bed helps creates a smoother transition.

Keep your room cool and comfortable.





Regular Activity

Regular exercise routine can help contribute to improved sleep. At least 1 hour a day

Stick to a consistent sleep schedule.

Going to bed and waking up at the same time every day

Unplug an hour before bed.

Keep screen use to a minimum, switch off at least an hour before bed,



Avoid eating high sugar/ fatty foods late that may disrupt sleep.

Laying down right after a big meal, your digestive juices are still working



Kings Trust

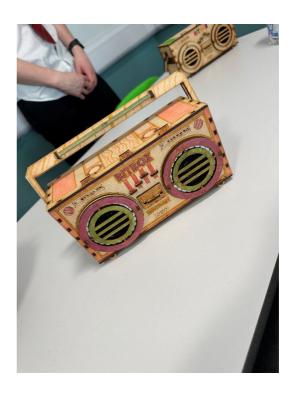


A group of talented young innovators have teamed up with Rewise Learning to create their very own Bluetooth speakers! This hands-on project is giving children the opportunity to learn about technology, design, and problemsolving in a fun and interactive way. Here are some of the amazing speakers they've built and the skills they've developed through this incredible learning experience!

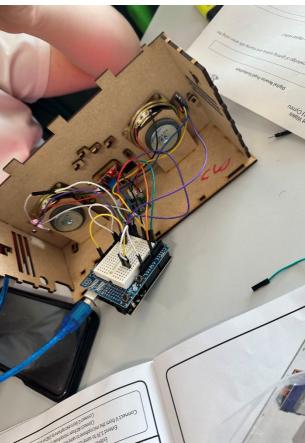














Attendance Information



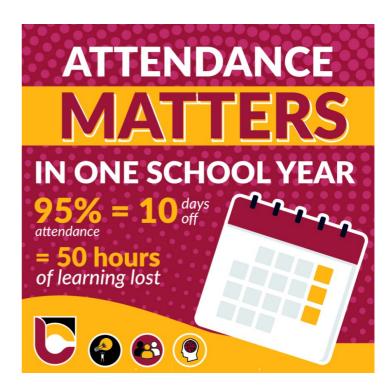
Our attendance target for all students is 100% and our minimum expectation is 95%. The infographic above shows the impact of days missed and minutes late can have on a child's learning.

For example:

- If a child is late to school just 5
 minutes each day, throughout the year
 that equates to 3 dayslost to learning
 (15 hours).
- Attendances of 97% allows for one day of absence per half term and results in 30 hours lost tolearning

Important Reminders:

- 1. Parents MUST contact school to report any absences on **01639 760110 before 8.30** am.
- 2. Parents should contact the school **each day** that a pupil is not attending.
- 3. If the school are not notified, then **you will be contacted** by a member of the Attendance team to find out why your child is not in school.
- 4. If you child is not notified of the reason for the absence it will be recorded as **unauthorised absence**.
- If there are three unauthorised absences in a row, the Safeguarding Lead and Education WelfareOfficer will be made aware to ensure that you child is safe.
- You will be required to produce medical evidence if you state that your child is ill for 3 or more consecutive days.
- 7. We will ask the school Healthcare Professional to contact you if there is an absence of morethan 2 weeks.
- 8. Term time leave will only be granted by the headteacher on request.
- 9. Where possible, all appointments should be made outside of the school day.



PSG Academy Wales



Block 2 of the Player Development Programme at Ysgol Cwm Brombil in Port Talbot is now open for reservations!

The sessions will run every Monday from;

15.00pm - 16.00pm (All Year Groups in YCB)

16.00pm - 17.00pm (Year 5/6 students only)

March - 3rd, 10th, 17th, 24th, 31st April – 7th

Book Now via:

https://www.psgacademyuk.com/pdp-booking-form/

CERTIFICATES AND REPORTS

Each player will receive a certificate of attendance and a report card which will be presented at the end of the year/season.

If you have any questions or queries, please do not hesitate to speak to us via email/phone call, we are more than happy to help.

We are excited to start the new season and look forward to welcoming you very soon.

Kind Regards Paris Saint-Germain Academy UK

email: info@psgacademyuk.com

Tel: 0161 235 5222

web: www.psgacademyuk.com

School Uniform Expectations

All students are expected to wear school uniform throughout the school day. Below are uniform guidelines for both boys and girls, as well as PE Kit:

All pupils Year 7 to 11				
Blazer	Black school blazer	Available from Bergoni. Blazers must be brought to school and worn every day.		
Shirt	White shirt with collar.	Can be purchased from any retailer.		
Trousers	Plain black tailored uniform style trousers.	Jean style, corduroys, skinny or casual trousers are not permitted.		
Skirt *	Plain black school uniform style skirt.	Skirts should be an appropriate length.		
Tights	Plain black tights	Tights are to be worn with skirts and can be purchased from any retailer.		
Shoes	Black shoes with black laces.	Available from any retailer. Black leather converse shoes are permitted. NO TRAINERS		
Tie	School tie.	Available from Bergoni.		
Jumper	Black with badge.	Available from Bergoni. Jumpers are optional.		
Shorts	Black tailored shorts.	Only for the summer term. Not PE shorts.		
Outdoor coat/Jacket	Coats should be waterproof and black in colour.	Available from any retailer.		
Socks (only if not wearing tights)	Ankle height, plain black or white.	Available from any retailer.		

Please note hoodies are <u>not</u> allowed in school. Any pupil who refuses to remove them during the day will have them confiscated.

Physical Education				
Unisex T Shirt	Available exclusively from Bergoni			
Rugby Jersey	Available exclusively from Bergoni			
Shorts	Available exclusively from Bergoni			
Socks	Available exclusively from Bergoni			
Unisex ¼ zipped top	Optional item. Available exclusively from Bergoni			
Plain black tracksuit bottoms	Optional available at any retail store			
Skort or Legging (recommended to go a size bigger than your normal clothes size as they are smaller sizes.)	Available exclusively from Bergoni			
Please note, even on PE days, hoodies are not allowed in school.				

Pupils are expected to wear a long sleeve PE top when cold.

For further information regarding our uniform expectations please see our <u>school website:</u>

Sporting News & Success

Netball

It's been a pleasure watching our Year 11s grow over the last 5 years. Today we topped a tough pool and made it through to the Swansea Neath Port Talbot Final. Unfortunately it didn't go our way but the girls were fierce and fought till the end. So unbelievably proud of this group of girls.





Technocamps



technocamps



FRIDAY 28TH FEBRUARY | 10 AM - 1.30 PM

Technocamps HQ, 2nd Floor, Margam Building, Swansea University, Singleton Park Campus, Swansea, SA2 8PP

FREE LUNCH & TRANSPORT AVAILABLE FROM NEATH PORT TALBOT*

Suitable for ages 13 - 16! To find out more information email info@technocamps.com *Transport pick up points will be emailed a week before the event.







Brombil Barracks Announcement

Brombil Barracks is a welcoming support group at Ysgol Cwm Brombil for service children. Welsh Government define service children as:



A 'Service child' has parent(s) or person(s) exercising parental responsibility who is/are Service personnel serving:

- ➤ In HM Regular or Reserve Armed Forces Royal Navy and Royal Marines; British Army and Royal Air Force,
- > Or- Is an Armed Forces Veteran who has been in Service within the past two years,
- ➤ Or One of their parents died whilst serving in the Armed Forces and the learner has received a pension under the Armed Forces Compensation Scheme or the War Pensions Scheme.

If your child falls into this category and we are not aware please contact the school to inform us so we can provide appropriate provisions. Please find useful links and tools below to support your service children at home. We would encourage you to share any future deployments with us and if deployed parents require communication from staff regarding pupil progress please contact us and we can accommodate this. Mrs Stanton (B12) and Mrs Sims (B14) are available for pupils drop ins at any time.

SSCE Monthly Bulletin:

SSCE Cymru:: Monthly school bulletin

SSCE Family Guide:

SSCE Cymru Service family guide

Little Troopers at home:

Little Troopers at Home - Little Troopers

Further support for service children with ALN:

Education Advisory Team (EAT)

X accounts:

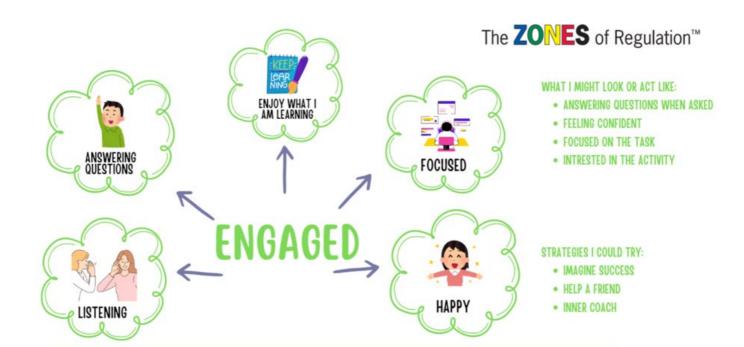
@SSCECymru

@LittleTroopers

Future Military Opportunities:

Motivational Preparation College for Training (MPCT)
The Reserve Forces' and Cadets' Association (RFCA) for Wales





EMOTION OF THE WEEK

The Pantry

Our weekly food bank is open every Thursday from 3.15. This is available to anyone within our school community, no referral needed, please just drop in as and when needed.

We all need a little help sometimes. Entrance to the Food Bank – The Pantry is accessed via the pupil entrance in the senior phase school, inside the canteen area.

Refreshments will be provided for everyone waiting, we look forward to seeing you, please remember to bring your bags with you.



Donations

We are always grateful for any donations that you can provide towards our food bank, we always need the below items. There is a drop off trolley in reception:

- Tinned Goods:
 - Meats hotdogs, minced beef, pies, meatballs, curries etc.
 - Beans
 - o Beans and Sausage
 - o Spaghetti
 - Tinned Veg
 - Potatoes,
 - carrots,
 - peas,
 - sweetcorn
 - Tuna
 - Tinned fruits
- Cereal
- UHT Milk
- Pasta including sauces
- Toiletries
 - o Shampoo,
 - o Shower gel,
 - o Conditioner,
 - Toothpaste
 - Toilet rolls
 - *Please NO sanitary products, we have lots in stock



THANK YOU FOR YOUR SUPPORT

Term dates for 2024-25

Autumn	Autumn Term, half term 1 2024-25				
Tuesday 3 rd September 2024	Year 7 & 11 attend school				
Wednesday 4 th September 2024	All pupils attend school				
Friday 25 th October 2024	Last Day of half term 1				
Half Term holiday - Monday 28 th October 2024 – Friday 1 st November 2024					
Autumn Term, half term 2 2024-25					
Monday 6 th November 2024	Term starts				
Friday 29 th November 2024	Staff INSET (Training) Day				
Monday 2 nd December 2024	Staff INSET (Training) Day				
Friday 20 th December 2024	Last Day of half term 2				
Christmas Holiday – Monday 23 rd December 2024 – Friday 3 rd January 2025					
Spring Term, half term 3 2024-25					
Monday 6 th January 2025	Half term 3 Starts for all pupils				
Monday 17 th February	Staff INSET (Training) Day				
Friday 21 st February 2025	Last Day of half term 3				
Half Term holiday - Monday 24 th February 2025 – Friday 28 th February 2025					
Spring Term, half term 4 2024-25					
Monday 3 rd March 2025	Term 4 Starts				
Friday 11 th April 2025	Last Day of half term 4 for pupils				
Easter holiday - Mond	Easter holiday - Monday 14 th April 2025 - Friday 25 th April 2025				
Summer Term, half term 5 2024-25					
Monday 28 th April 2025	Term 5 Starts				
Monday 5 th May 2025	May Day Bank Holiday				
Thursday 22 nd May 2025	Last Day of half term 5				
Friday 23 rd May 2025	Staff INSET (Training) Day				
Half Term - Monday 26 th May 2025 - Friday 31 st May 2025					
Summer Term Half term 6 2024-25					
Monday 2 nd June 2025	Half term 6 Starts				
Friday 18th July 2025	Last Day of half term 6 & End of school Year				

